

DOULA REFERRAL

Hotline



**WHAT IS COVERED?
3 PRENATAL VISITS
1 LABOR AND BIRTH
3 POSTPARTUM VISITS**

*Call now:
1-833-RI-DOULA*

What is a doula?

Doulas are trained perinatal care professionals who work directly for pregnant, birthing, and postpartum people and their families. This is very different from a family member who has prior birthing experience. We are trained to assist specifically in birth, during labor in and out of hospital settings (such as homebirths with licensed providers), and providing resources necessary for your postpartum care.

Doula care services are a covered benefit for most RI insurances. Please contact your insurance company to find out if you are eligible for doula services